

In light of all the recent global earthquake and disaster activity, we thought this would be an opportune time to remind you of how you can protect yourself and loved ones. Enclosed in this brochure are steps to take during an earthquake as well as a checklist of items to prepare in the event of an earthquake or disaster.

We care about you, your families and our neighborhoods safety. We hope this brochure can prepare and help protect you.

Oh By the Way...

If you know of someone who would appreciate the level of service we provide, please call us with their name and number, we would be happy to follow up or provide a FREE CMA (Comparative Market Analysis) for their home.



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Earthquake Survival Guide

Every Step of the Way...HOME

Protect you and your family with the Earthquake Survival Guide and Disaster Survival Kit



HOW TO SURVIVE AN EARTHQUAKE

What to do before, during and after an earthquake, and preparing an earthquake survival kit for your home, automobile, and office.

PREPARE YOURSELF AND YOUR FAMILY NOW

- Have an earthquake survival kit on hand.
- All family members should know how to turn off gas, water, and electricity.
- Plan family emergency procedures, and make plans for reuniting your family.
- Know emergency telephone numbers (doctor, hospital, police, 911, etc)
- Anchor heavy objects to walls (bookcases, wall units, mirrors, cabinets, etc.)
- Never place heavy objects over beds, and keep heavy objects lower than head height of shortest member of family.

DURING AN EARTHQUAKE STAY CALM

- Inside, stand in doorway, or crouch under a desk or table, well away from windows or glass dividers.
- Outside, stand away from buildings, trees, telephones and electrical lines.
- On the road, drive away from underpasses and overpasses; stop in safe area; stay in vehicle.

AFTER AN EARTHQUAKE

- Check for injuries-provide first aid.
- Check for safety-check for gas, water, sewage breaks; check for downed power lines and shorts; turn off appropriate utilities.
- Check for building damage and potential problems during aftershocks.
- Clean up dangerous spills.
- Wear shoes
- Turn on the radio and listen for instructions from public safety agencies.
- **Use telephone for emergencies, only.**

EARTHQUAKE & DISASTER SURVIVAL KIT

SURVIVAL SUPPLIES:

- Water-2 quarts to 1 gallon per person, per day.
- First Aid Kit-ample, and freshly stocked.
- First Aid Manual-know how to use it.
- Food-canned or individually packaged; precooked, requiring minimum heat and water. Consider infants, pets, and other special dietary requirements.
- Critical medication, extra eyeglasses
- Can opener
- Blankets
- Radio-portable battery operated, spare batteries
- Critical medication and eyeglasses, contact cases and supplies
- Fire Extinguisher-dry chemical, type ABC
- Flashlight-spare batteries and bulbs
- Watch or clock-battery or spring wound.

COOKING:

- Barbeque-use outdoors ONLY-charcoal and lighter, or Sterno stove
- Plastic bags-various sizes, sealable
- Pots-at least two
- Paper plates, plastic utensils, and paper towels

SANITATION:

- Large plastic trash bags-for trash, waste, water protection
- Ground cloth
- Large trash cans
- Hand soap, liquid detergent, shampoo
- Toothpaste, toothbrushes, dental floss
- Deodorant
- Feminine supplies
- Infant supplies
- Toilet paper
- Powdered chlorinated lime-to add to sewage to disinfect and keep away insects.
- Newspapers-to wrap waste, garbage; may also be used for warmth.

SAFETY

- Heavy shoes for every family member
- Heavy gloves for every person clearing debris
- Candles
- Matches-dipped in wax and kept in waterproof container
- Sharp knife, or razor blades
- Garden hose-for siphoning and fire fighting
- Clothes-complete change kept dry

TOOLS

- Axe
- Shovel
- Broom
- Crescent wrench-for turning off gas and water mains
- Screwdrivers
- Pliers
- Hammer
- Rope or bailing wire
- Plastic tape
- Pen and paper

Your emergency supplies should be adequate for at least 72 hours (3 days).

A 10-day supply of water, food, and medicine is recommended.

RESOURCES AND WEBSITES:

*www.72hours.org
www.earthquakecountry.info
www.preparenow.org
www.oes.ca.gov
www.redcross.org*